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Chinchan Tarapur Ghoghari Dasha Porvad Vaishnav Vanik Samaj

# AASHISH ZARUKHO



સ્વ. સર મંગળદાસ ગોવલદાસ શાહ    સ્વ. લલીતાબેન મંગળદાસ શાહ

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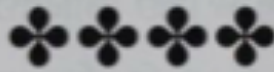
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## **Guidelines For Aashish Zarukho**

### **1. Articles will be accepted in following four languages:**

Matru Bhasha-Gujarati, Rajya Bhasha-Marathi, Rastra Bhasha-Hindi, & Vishva Vyapi Bhasha-English

### **2. Any Gnyati Member can send articles which will be published**

After approval by Team Zarukho & whose decision will be final.

Once the Article is ready, you can send it to Admin Daxa Lalsodagar only via email: [daxa81@gmail.com](mailto:daxa81@gmail.com) or via WhatsApp (No-9672980150)

Article should be self written or should be typed on A4 size paper. If not Typed then typing charges will have to be paid by sender.

No deadline for sending the Article

“Zarukho” will be published on every alternate month on the 28th day of the Month.

There is no fees to avail “Zarukho” Magazine

### **3. Article can be supported with Audio, Video or Photographs.**

**4. Article must contain recent Passport size photo, Family Tree No., Individual No., contact number & email Id of the sender of the Article. Article can be in any Drawing, Sketch, self taken Photographs, any Book, Movie review, Poem, song, or Essay.**

### **5-For Advertisement in Aashish “Zarukho” for One Year (Oct-2020-Sept-2021)**

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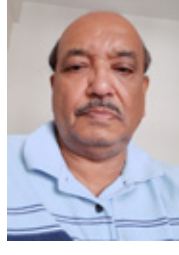
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# આશિષ ઝરૂખો



દિવંગત ધિરેન્દ્રભાઈ ને શ્રદ્ધાંજલી.

તેમનો સાથ અને સહકાર એટલે આપણા આ આશિષ મંડળના સ્થાપક સુજશ્રી નિરંજનાબેન અને અનેક કાર્યકર્તાઓનો:  
છોડ માંથી વટવૃક્ષ બનાવ્યાનો પરિશ્રમ.

તેમના આ મુક સંમતિ થકી જ આજે આ વટવૃક્ષ અડીખમ ઉભુ થયું છે.

અમારા સર્વેના એ દિવંગત ને કોટી કોટી વંદન

ઝરૂખો પરિપત્ર એ જ્ઞાન સાગર નો કુંભ છે.

જ્ઞાતિ જનોએ એ કુંભને જાગૃત રાખવા સ્વ રચના તંત્રી મંડળને મોકલવી જરૂરી છે.

ટીપે ટીપે સરોવર ભરાય, તેમ એક એક રચના થકી ઝરૂખો છલકાય અને જ્ઞાતિ જનોને જ્ઞાન ના દીપક ની રોશની મળે.

જ્ઞાતિ જનોના સાહિત્યિક લેખ ,કાવ્ય તેમજ સ્વાનુભાવ નું વર્ણન બીજા સભ્યોને રસપાન કરાવતા રહે.

આશિષ ઝરૂખો આગળના બે અંકો સહુને પસંદ આવ્યા જ હશે.

આપ સહુનો તે બદલનો અભિપ્રાય અને જો કોઈ ત્રુટિ હોય તો જરા પણ ખચકાટ વગર જણાવશો.

## ખાસ અગત્યની વાત

આશિષ મંડળ દ્વારા વરિષ્ઠ નાગરિક (senior citizens) જેઓ ખર્ચ માટે અશક્ત હોય તેઓ માટે ખાસ પર્યટન સ્થળ ની મુલાકાત લેવા વ્યવસ્થા કરવાનું આશિષ મંડળ વિચારે છે.

જરૂરી વિગત અને અરજી કરવાનું ફોર્મ જ્ઞાતિ ન્યૂઝ વોટ્સએપ ગ્રૂપ ઉપર થોડાજ સમયમાં વિગતવાર રજુ કરવામાં આવશે.

એક વર્ષ અગાઉ આપણે જ્ઞાતિના સમાચાર આપણા જ્ઞાતિ ન્યૂઝ ના વોટ્સએપ ગ્રુપમાં દર મહિના ની પહેલી તારીખે આપતા હતા.

કરોના કાળના હિસાબે એ બંધ કરેલ,

હવે આ વર્ષના એપ્રિલ મહિનાની એક તારીખથી ફરી શરૂ થશે, તેની નોંધ લેવા સહુને વિનંતી.

'આશિષ ઝરૂખો'

તંત્રી મંડળ વતી

વિનય રમણીકલાલ શાહ

28/2/2021

# હું અને મારી જ્ઞાતિ

નિરંજના ધીરેન્દ્ર શાહ  
FT 48 B 7



ચિંચણ તારાપુર ઘોઘારી દશા પોરવાડ વણિક સમાજ

મને મારી જ્ઞાતિ નું અભિમાન છે. આ મારી નાની જ્ઞાતિના સંગઠનને મજબૂત બનાવવાની જરૂર છે. આ માટે જ્ઞાતિ બંધન દ્રઢ કરવાના આશિષ મંડળના પ્રયત્નોને આપ સહુએ સાથે મળીને વેગ આપવો જરૂરી છે. કોઈપણ સામાજિક સુધારો લાવવો હોય તો જ્ઞાતિ સંગઠન વિના શક્ય નથી.

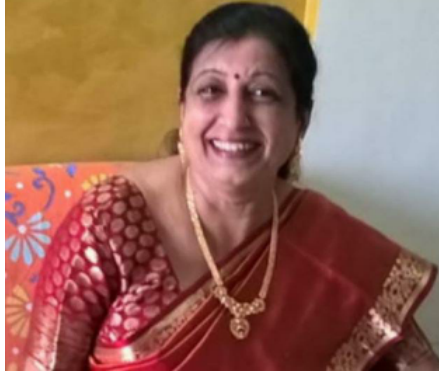
કુક્ત રૂપિયા સો( ₹ ૧૦૦/- ) ભરીને સમાજના આજીવન સભ્ય થવાય છે.

આજે આ ઝરૂખામાં બેસી ને હું નિરંજના ધીરેન્દ્ર શાહ આપ સહુને હાકલ અને વિનંતી કરું છું કે આપ જો સભ્ય ન થયા હોય તો સભ્ય ફી ભરીને આજીવન જ્ઞાતિસભ્ય બની આપણી જ્ઞાતિને સંગઠિત કરવામાં ફાળો આપી અને બાળકૃષ્ણલાલજી ના આશીર્વાદ થકી આપણા જ્ઞાતિ સમાજને આગવું સ્થાન પ્રાપ્ત કરવાની પહેલ કરીએ.



## “આશિષ ઝરૂખા “વિષે

જયોતિ રવિન્દ્ર ભૂલા  
FT 63 C 21



સૌપ્રથમ આશિષ મંડળના ગ્રુપના દરેક કાર્યકર્તાઓ ને અભિનંદન,

આજના કરોના જેવા મહામારી ના સમયમાં online પ્રોગ્રામ કરાવ્યો અને બધાને આનંદ અપાવ્યો. આવા કોઈ પણ કાર્યમાં સમય અને મહેનત બંનેનો ભોગ આપવો પડે છે. બધાએ સ્વ ગૃહે આનંદથી કાર્યક્રમનો લાભ લીધો . દરેક પ્રોગ્રામ ખુબ જ સરસ રીતે રજૂ કરવામાં આવ્યા હતા.

આપણે ગુજરાતીઓ દિવાળીનો તહેવાર બહુ જ આનંદ અને ઉત્સાહથી ઉજવતા હોઈએ છે.

ઘરના આંગણાને રંગોળીની સુંદર સજાવટ અને દેવડા કરીને સજાવતા જોઈએ છે. આશિષના લેડીસ whatsapp ગ્રુપમાં ઘણા બધા એ ખૂબ જ ઉત્સાહથી પોતાના આંગણે સજાવેલ રંગોળી રજૂ કરી. દક્ષાબેન બહુ જ ખુશ થયા અને એમણે સહુ કોઈના ફોટા સાથે રંગોળી ઝરૂખો મેગેઝિનમાં મૂક્યા. સૌ કોઈનો ઉત્સાહ વધારી મૂક્યો અને ભવિષ્યમાં પોતાની કલા રજૂ કરવા પ્રેરણા આપી.

આશિષ ઝરૂખો મેગેઝિન ખૂબ જ સુંદર રીતે રજૂઆત રજૂ કરે છે. આ મેગેઝિન તૈયાર કરવાનું કાર્ય કરનારા સૌ કોઈ કાર્યકર્તાઓને ખૂબ ખૂબ અભિનંદન.

મારા તરફથી સૌ કોઈને પ્રણામ અને જય શ્રી કૃષ્ણ.

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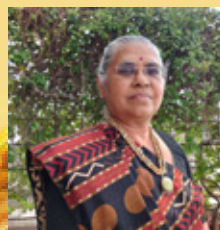
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# Importance of Water in Day to Day Life & ways to save it

Yash Sanjay Shah  
(FT 37 E-01)



Essay written by Yash Sanjay Shah (FT 37 E-01) in Essay Competition of Aashish Mandal's 27th Annual online Get-together

According to vedic philosophy water is one of the five basic elements from which everything in nature is made of including human body too:

क्षिति जल पावक गगन समीरा।  
पंच रचित अति अधम शरीरा॥

Translation: Space , Water , Fire , Sky and Air are five elements which constitutes this mortal body.

## Importance of Water in general

When Neil Armstrong saw the Earth from the Moon, it blue! This is because water covers more than two-thirds of the Earth's surface. But fresh water represents less than 0.5% of the total water on Earth. The rest is either in the form of seawater or locked up in ice caps or the soil, which is why one often hears of water scarcity in many areas. Water is one of the nature's precious gifts to mankind. All living things consist mostly of water eg. The human body consists of two third water. Water is an essential nutrient and plays a key role in the human body. We can survive up to several weeks without food, but only a few days without water. Every system in the body, from cells and tissues, to vital organs requires water to function.

The earth is covered up with about 71% water yet with just 3% of drinking water. The typical cycle of water balance runs as expected like evaporation and raining. Nonetheless, the trouble is with the saving of clean and consumable water on the earth which is accessible in very less quantity. Water

conservation is achievable with a good lifestyle of the human beings.

### **Did you know that:**

- Water carries nutrients to all cells in our body and oxygen to our brain.
- Water allows the body to absorb and assimilate minerals, vitamins, amino acids, glucose and other substances.
- Water flushes out toxins and waste.
- Water helps to regulate body temperature.
- Water acts as a lubricant for joints and muscles.

### **Importance of Water in Day to Day Life**

Water has been important for people for thousands of years. Without water there would be no life on earth. We use water in our houses for cooking, bathing and washing the dishes. Water is used to grow food. In many dry areas farmers must bring water to the fields through canals and expensive irrigation systems. Industries and factories also use water. Fruits and vegetables must be cleaned before they can be processed and sold in supermarkets. Water is used for cooling in many areas, for example in steel production. Many countries around the world use water to produce energy. Power stations burn coal which turns water into steam. Countries with many mountains and rivers use the power of water to produce electricity. Water is important for our free time. People enjoy themselves at seaside resorts or on cruise trips. Transportation was at first carried out on waterways. Ancient civilizations traded goods across the Mediterranean Sea. Today oil, coal, wheat and other products are transported on waterways.

Animals, birds, mammals and other reptiles depend on the supply of clean water for their survival. Many creatures have perished only due to lack of clean and healthy water supply. So we must make our environment clean and healthy to reduce pollution. We must save the ground water to save the lives of our future generation.

### **Water in Industries**

Water allows chemical reactions to take place because it allows dissolved chemicals to move around. Because of this, water is used as a solvent in many industries that make substances such as foods, medicines, fertilisers, paints, pesticides, adhesives and paper. It is also sometimes used as a solvent in mining. As an example, leach mining uses a series of wells to inject or an aqueous acid solution into rocks below ground. Metals are also processed with water as an essential part of the process.

### **Water in the Environment**

For life to be sustainable, minerals containing calcium, iron, phosphate, potassium and zinc are essential. These minerals enter water when rocks break down, and plants absorb water and therefore these minerals, too. As well as this, the minerals are consumed by animals whenever they eat plants

(that have absorbed water and therefore the minerals) or drink from a body of water, such as a stream, river or lake.

When minerals containing lead or copper are at high levels, they become toxic. Water dissolves these minerals in the rocks. High levels of salt can also be toxic and are a threat to farmers' crops when at a high level as well.

### **What is Saving of Water ?**

Saving of water mainly refers to protect, preserve, and control the usage of water and its resources. It is the system introduced to manage freshwater, reduce the wastage and protect the water and its resources in order to reduce and to avoid the scarcity. Therefore, we all should come forward to create awareness about conservation of water among our own friends, family, neighbours, society, etc. Conservation of water is very much essential as it saves life on earth.

### **Ways to save the Water**

Prime Minister Narendra Modi in his first edition of Mann Ki Baat, urged the leaders and the citizens of different areas to lead innovative campaigns for water conservation and contribute in saving water in their own way.

In his first edition of 'Mann Ki Baat' radio programme after assuming office, Modi urged citizens to unite for conserving water and appealed to people to make a list of methods to conserve water and share the same on social media using the hashtag **#JanShakti4JalShakti**.

"If people work together with full strength, then they can make impossible, possible. When people will join hands, water will be conserved," the Prime Minister quoted.

### **There are several ways to conserve water. Here are some important and easy ways for the conservation of water**

- Keeping the tap closed when not in use.
- Check for the openings or leaks in water distribution pipes.
- Make sure to use collected rainwater for gardening or washing purpose.
- Always have a measure of how many buckets of water is wasted in a day and try to reduce.
- Flush toilets only when necessary.
- Encourage your neighbors to conserve water too.
- Turn off the water after you wet your toothbrush. There is no need to keep the water running while brushing your teeth. Just wet your brush and fill a glass for mouth rinsing.
- Don't use extra detergent in washing clothes. Rinsing will require more water.
- Do not prolong your bathing. Go for a quick shower rather than wasting buckets of water.

### **Another effective way of storing water is Rainwater Harvesting**

Rainwater harvesting is one of the best method used for conserving water. There are different methods used to preserve rainwater instead of getting it wasted. Rainwater harvesting is one of the sim-



plest and oldest methods of self-supply of water for households, and residential and household scale projects usually financed by the user. However, larger systems for schools, hospitals and other facilities can run up costs only able to be financed by companies, organization and governmental units.

## **Common Methods of Rainwater Harvesting in Indian cities**

### **Surface Runoff Harvesting**

Surface runoff harvesting is the most suitable method in urban clusters. Here, streams of surface runoff rainwater are redirected and stored for future use in specially-built reservoirs, either on the surface or underground. This provides a steady supply of clean, potable water, and also water for normal domestic uses.

### **Rooftop Rainwater Harvesting**

Rooftop rainwater harvesting is the most popular of all harvesting options in urban areas. The system can be installed in an individual home environment, schools, colleges, and other institutional buildings that have more available roof space. The underlying concept of rooftop rainwater harvesting is pretty simple and easily doable. A container needs to be constructed or placed beneath the roof level, which will store the rainwater intercepted and redirected towards it through pipes made out of wood, bamboo, or PVC. Though this is the basic concept, industrial-grade rooftop rainwater harvesting in big complexes is somewhat more complex.

### **Recharge Pits**

Another common rainwater harvesting process is constructing recharge pits to hold the rainwater. Recharge pits can be of any size and shape, depending on the intensity of rainfall in a particular area. It is important to fill these recharge pits with coarse sand, boulders, and gravels, which act as natural filters that keep away dirt and impurities usually carried by the first flow of rainwater.

Water is first and foremost a gift from God - provided so that we and all of creation may have life. As people of faith we understand our responsibilities as to protect the sacred gifts given by God. Bhagavat Gita has taught us an important lesson about the need to show our daily gratitude to God for the gift of water and about the importance of praying for the restoration of a right relationship between us humans and the sources of water.

આવો....  
સ્વાગત કરીયે આપણાં નવા “ઝરુખા”નું અને આશીષ  
આપીએ તેને દીર્ઘાયુ ના...

ખૂબ ખૂબ શુભેચ્છાઓ સાથે હાર્દિક અભિનંદન.  
શુભેચ્છક..

અમિતા અને હિમાંશુ પુરુષોત્તમ “ચિંતા” શાહ  
દીપિકા અને રાજેશ પુરુષોત્તમ “ચિંતા” શાહ  
ચિ.રજત રાજેશ શાહ

\* \* \* \* \*

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# We all need our Sky Time!

Nandini Devang Shah  
(FT 55 D-04)



A huge salute to our human spirit to have adapted so seamlessly to this rapidly evolving Digital Age! This is our “new normal” where basic necessities from fresh groceries to super luxe gadgets like robo-cleaners are available at the click of a button.

But even though the world is available at our fingertips, there are a few pertinent reasons we need to step outdoors. For Physical, Mental, Emotional and Spiritual health we all need some “Sky Time”!

We have often heard our Masters expound about Pancha Tattva in their teachings the Energy Tattvas of Prithvi, Jal, Agni, Vayu, Akash . These in simple terms are the 5 elements of nature : Earth, Water, Fire, Air and Space.

Of these Aakash Tattva is most relevant in these technology-driven times. It is nothing but the “Sky Time” which experts are now advising the modern youth to set aside in their hectic schedule.

This simply put is deriving energy from the open, expansive nothingness of the sky. That is, to step outside in the open, look up and take in clear sky and fresh air.

Shri Manoj Lekhiji - Spiritual Mentor and Motivational Coach gives us a quick insight into the importance of Aakash Tattva – “The Sky has a calming effect on us because it is boundless! It has no end, no beginning and no boundaries and hence under its vastness we feel limitless and can express our full inner potential!”

Many of our Indian festivals draw out the best of nature.... sky, sun, wind.

The best quality of sunlight is end of winter and beginning of summer... Needless to say Makar Sankranti is celebrated at this time.

Our ancestors and scholars created a festival of flying kites where by our children get excited to go in the open, under direct sunlight, throughout the day starting from early morning. Sunlight gives the required Vitamin D and the Sky offers space and infiniteness. Our children benefit physically as well as experience a mental and emotional openness. See how wise our sages were of ancient India!

Experts suggest a minimum of 30 minutes of Sky Time a day. This energises us and prepares us to face any challenges each new day brings.

Sunlight and the open blue Sky are a great source of energy and are mood-lifters. If mornings are too rushed, take a walk at lunchtime, spend few minutes on your terrace roof-top, walk to a friend’s house or just stop at a park on your way home.

Spending time outdoors is rejuvenating because it gives us a break from scrolling screens, staring at virtual messages and relief from everyday chores. We can opt for a digital-detox by spending Sky Time every day! It leads to a quiet and clear mind. It refreshes our thoughts and lends perspective to our ideas.

On the most basic level, it eases the sense of being trapped indoors, and in a very tangible benefit, gives us a break from the artificial light and recycled air of offices and most homes.

So, let us step out, look up, de-stress, declutter our minds and re-energise!  
Let us reach our infinite potential like the infinite sky above us!!



# Poem on Zarukho

પીનાકીન લાલસોદાગર  
FT 11 B-07



અમે સહિયારા રે ચીંચણ ગામના  
હે. અમે સહિયારા રે ચીંચણ ગામના  
હારે અમે ગયાતા 'ઝરુખો ઘડાવવા રે.... ચીંચણ ગામના  
અમે સહિયારા રે ચીંચણ ગામના

ઝરુખોને માટે અમે માંગીએ છે તવ કૃતિ  
ઝરુખોને માટે અમે માંગીએ છે તવ કૃતિ  
ગીત-સંગીત ને લેખન ની તવ કૃતિ  
હે..ગીત-સંગીત ને લેખન ની તવ કૃતિ  
શ્યાતીજનોને જ માટે ઝરુખો રે...ચીંચણ ગામના  
અમે સહિયારા રે ચીંચણ ગામના  
અમે સહિયારા રે ચીંચણ ગામના

ઝરુખેએ બેસીને આનંદ લેશો  
ઝરુખેએ બેસીને આનંદ લેશો  
વિવિધ વિવિધ કૃતિઓનો આસ્વાદ માણશો  
ઓ...વિવિધ વિવિધ કૃતિઓનો આસ્વાદ માણશો  
આપણોને જ બિરદાવવા રે... ચીંચણ ગામના  
અમે સહિયારા રે ચીંચણ ગામના  
અમે સહિયારા રે ચીંચણ ગામના  
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ઘરમાં બીજા બધાને સાથે પણ લાવો  
હો...ઘરમાં બીજા બધાને સાથે પણ લાવો  
આવો બધા સાથે સાથે....ઓ બધા સાથે સાથે મળીયે રે.ચીંચણ ગામના  
અમે સહિયારા રે ચીંચણ ગામના  
અમે સહિયારા રે ચીંચણ ગામના  
મથીયે અમે સહુને ઝરુખે એ જોડવા  
મથીયે અમે સહુને ઝરુખે એ જોડવા  
પ્રયત્નો કર્યા “આશિષે” ચર્કોર કેવડા  
તમારા આગમનના દીવડા પ્રગટાવો રે..

અમે સહિયારા રે ચીંચણ ગામના  
અમે સહિયારા રે ચીંચણ ગામના..... ચીંચણ ગામના.....



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# એક દિકરી ની વિદાય વેળા ની સંવેદના-“ દીકરી ની વિદાય”

કિરણબેન સીમિત શાહ  
(FT 13 D-86)



પિયર નું પાનેતર પહેરી,મા ના સંસ્કારો નો શણગાર સજીને,  
પપ્પા ની ખાનદાની ઓઢી ને,શાહ પરિવારે હેત થી સીંચીને વળાવી,  
ભાઈ બહેન ની લાડકવાયી, વ્હાલમ ની લાડકી થવા ચાલી,

મા ના પાલવ ની પારેવડી, પપ્પા ની લાડકી ઢીંગલી,  
સહિયારો ની નટખટ સાહેલી, સાહેલી ઓ સાથે ની ગપશપ,  
ભાઈ બહેન સાથે ની ધીંગા મસ્તી, મા ની વઢ, પપ્પા નું વહાલ કેમ ભૂલાય,  
પિયર ની પ્રીત હેયે કોતરી, દૂર છતાં નિત્ય સાથ નો અહેસાસ આપતી યાદો,

મા ની મમતા, પપ્પા નો કડપ, છતાં આ જીવનદાતા એના વિદાતા સદૈવ વહાલા લાગે .  
સાસરા ને હેત, પ્રીત, રીત, સપનાઓ થી સિંચનારી,  
એની શિલ્પી એવી મમ્મી ને કોટિ કોટિ વંદન....

# || The Language of Smile ||

Dr.Devangi Parag Dalal  
FT 24 D-73



The language of a smile can only be learned from our kids. Their smile is so innocent and the brain is most flexible which is ready to learn anything. The sky is also beautiful and wide for them. For any child who is born in any religion or any socioeconomic condition or any country, their thoughts process is open to accept anything. The child won't even know in reality what life will be for them.

In the rat race of our life and circumstance of all the struggle, we have forgotten about the happiness which we had as a kid. Happiness without thinking or comparing with anything is the real immunity booster of our life. I think we should find it and cherish it again so we start enjoying life again. I think whenever we feel sad we should look at our child's innocent emotions and smile again thinking we were like them sometimes.

When I think of the innocent smile of the child, I again think of Krishna who did all bal kridas so innocently. Playing with gowals or stealing makkhan from gopis house. Though Krishna was god, he knew what was happening around. He did all his kridas as kid. He never made his parents feel that he is God and he can do anything and everything. Also, he enjoyed playing with gowals and gopis and did all the possible mischief but innocently and without hurting anybody. Sometimes in our own problems and struggle, we forget that child is innocent and you as a parent are a role model for the child. What you teach them or behave or you do child does observe. I still remember I had gone to one deaf school where I had organized talent contest for the kids. I gave gifts to all the kids and special prize money for the kids who won the contest. After everything got over when all the kids were leaving the one winner child said someone has stolen my prize money. Teachers made everyone check their bags. Some of the kids said there is one child who always steals please check his bag. His mother checked the bag and she did find stolen money rather than making the child understand and giving warmth and papering to the child she holds the child with hair and lift the child and threw him on the floor. We all were shattered. Sometimes in our frustrations, we don't understand a child's innocence and react in such a way that we forget that it will create an impact on a child's life. If that time if she would have taken that child in her arms and loved him little the impact must have been different.

One day just as a parent you must sit and analyze how you were as a child what you did as a child. How much you enjoyed being a child and whatever you learn in childhood has made you today. Give gratitude to your parents who made you what you are today. The self-realization of yours will give you self satisfaction.

Let us all learn the language of a smile from these innocent kids again. Let's add a value of smile to our life. Let's enjoy what we have and make our kids also think. Let's play in the natural world again.

Though technology has gone far ahead it has left us and our kids with a smile behind. I still believe whenever I do something new or something good happens in our life I carry two roses with me and give it to my two daughters. I smile and tell them that I achieved everything because of you two wonderful and beautiful girls and I love to see their smile. Their language of a smile towards me gives me more positive energy and strength.





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નીલમ વિજય સરાફ્ફ

(FT 56 C-16)

Cell No : 8976488890



સૃષ્ટિ રથી ઈશ્વરે દીધું સૌને જીવન,  
સંસાર રથી બનાવ્યું એને સુંદરવન,  
કર્મ ની ગતિ થી અર્પણ કરીએ તન-મન,  
સુખ-દુઃખના તારથી રાખીએ એને સ-જીવન.

આત્મનિર્ભર બની કરીએ જીવનો અહેસાસ  
પ્રેમને સ્નેહના બીજ રૂપી રાખો અમર આશ  
સ્વજન નાં મિલન થતાં પ્રાંગરે એ આશ  
ભાવિ ના ઉતાર – ચઢાવ થી નહીં થતાં નિરાશ.

આજ-કાલ કરતા પસાર થાય છે જીવન  
મોહ-માયા થી ન બનાવતા એને કામવન  
પીડિત ગરીબોને પ્રેમે થી દઈએ દાન  
યાદો થી રહેશે સૌના પ્યારા જીવન

કલિયુગ માં સૌના જીવન માં રહે છે ઉચાટ,  
બીમારી થી ડરી ભૂલ્યા છે સંસાર સાગરતટ  
અંતર આત્મા પર ભરોસો રાખો દિલ માં વાસ  
ધરી દો ઈશ્વરના ચરણે તમારો ઉચાટ

# Mother

Dipali Pavtradas Thundial  
(FT 18 C 31)

Email-hifistar5@gmail.com



Being a mother of a boy, I feel very upset when I read / hear things like - make your daughter so strong that she doesn't need a man to protect her, or make her so strong that she doesn't need a man in her life! I am completely with the concept of teaching self-defense to girls and also making them independent - financially and emotionally - because that's their birth right..

but why do you have to degrade men in that case!

Teach your daughter to be strong, independent, have strong views, make her own decision, respect every relation and speak her mind out when needed - because that is exactly what I am going to teach my son! I wouldn't ever tell him to treat his partner above him just because she is a girl - I mean why should he.. if we really talk about gender equality, then shouldn't we teach same things to both of them.. shouldn't we teach them to respect each other and hold each other in high regards!

Why this boy-girl game!

Let children be children and stay away from such quotes!

You are proud of your daughter and I am proud of my son - everyone in this world is proud of their child - son/daughter shouldn't matter!

Please do not make your daughter anti-men by teaching her these things. What is the harm if your daughter is dependent on her partner or vice versa! That's what partnership is all about! You cannot win every war on your own!

You need a team and your partner is your team! It's okay to be dependent, to seek advice, to discuss matters, to seek validation - unless these things are done willingly and not out of compulsion!

Teach them what love is all about - how you should be respecting each other's viewpoints and should be available for each other when needed! How you should sense if the other partner is anxious and what should you do to curb that!

Teach them how to sustain a relationship rather than preparing them for a separation..

and this goes for both the genders!

We, the mothers of new generation, have a huge responsibility of doing this and we should try our best if we want our kids to be happy in the future!

P.S - these are entirely my views and you may or may not agree to this!

Chirag Vijay Sharaff (FT 56 D-25)

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*Chirag Sharaff*



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(FT 13 D-86)



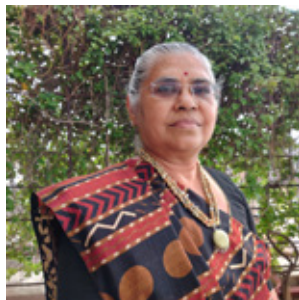
अबकी बार ऐसे बरसना,  
झरना बन जाए नदी।  
तू हो जाए आत्मा,  
सावन कि जड़ी में।  
बह जाऊ तेरे संग,  
फागुन कि होली में।  
रंग दियो मोहे,  
तेरे रंग में।  
रसिया इस होली,  
कभी ना भूलू में।  
तेरे प्रेम का रंग,  
चढ़े मूजपे,  
मेरी प्रीत तूजपे।  
रंगीला हो जाए,  
जीवन मधुर रस से।  
जैसे घुले केसुडा पानी में,  
वैसे घुलू में तुझमें।  
तुझ बीन में अधूरी,  
मुझ बीन तू अधूरा।  
पूरी करे मिल के ,  
ये प्रेम कहानी।



# जयपुर का पत्रिका गेट

दक्षा लालसोदागर

FT 11 B-06



राजस्थान विविधताओं से भरी धरोहरोंकी एकरूपता का प्रतिक है। सबसे व्यस्त जवाहरलाल नेहरू मार्ग स्थित जवाहर सर्कल पर बना यह गेट बरबस ही लोगों का ध्यान खिच लेता है। प्रधान मंत्री श्री नरेन्द्र मोदीजी ने मंगलवार तारीख ८ सितम्बर को वर्चुअल समारोह से पत्रिका गेट का लोकार्पण करके राष्ट्र को समर्पित किया। किया। मुंबई के गेट वे ऑफ इंडिया दिल्ली के इंडिया गेट की तरह ही जयपुर की शान बढ़ानेवाला यह गेट है। उत्तर से दक्षिण की ओर रेखा खिंची जाए तो एक सीध में पंक्ति का क्रम गढ़-गणेश, गोविन्द देवजी मंदिर, सिटी पैलेस, त्रिपोलिया गेट, न्यू गेट, अल्बर्ट हॉल म्यूजियम से होते हुए पीकोक गार्डन पर कर जवाहर सर्किल पैर आकार पूर्ण होता है।

अपनी आन-बान और शान की प्रतिक धरती धोरा री राजस्थान की सांस्कृतिक, स्थापत्य और वास्तुकला की नायब रचना-राजस्थान का प्रवेश- द्वार। इसी के साथ राजस्थान के सभी इलाकों के वास्तुशिल्प सांस्कृतिक विरासत प्रदर्शित करते हुए बनाए इस भव्य गेट के रूप में पर्यटकों के लिया नया आकर्षण जुड़ जायेगा। मैं जिस तरह ९ अंक का ध्यान रखा गया, इस गेट के निर्मल भी ९ अंक के वास्तु सिद्धांत पर आधारित गेट है। एक तरह से प्रदेश के हर कोने की संरचनात्मक शैली के अनुसार ९ द्वारों का निर्माण किया गया है। हर पेवेलियन की चौड़ाई ९ फिट, २७ फिट लंबा, ८९ फिट ऊँचा, १०८ फिट चौड़ा। इनमें राजस्थान के नौ भाग, DHUNDAD, वागड़, शेखावटी, ब्रज, हड़ौती, मेवाड़, मारवाड़, गोड्वाड़, रियासतकालीन का मेवाड़, मारवाड़, हड़ौती हादौती, ब्रज, गोड्वाड़, अजमेर से जुड़ी कला संस्कृति जैसे पत्रिका गेट में एक जगह समा गई है। सभी दरवाजों में एक समानता है जो उनकी विशिष्ट पहचान को एक सूत्र में पिरोने का अहसास कराती है।

गेट के ९ दरवाजों पर उकेरे गए चित्रों के माध्यम से क्षेत्र विशेष की वास्तुकला और जीवन शैली दर्शाते हैं। इसका हर भाग अपनी संरचना की शैली, लोकगीत, संस्कृति एवं गौरवपूर्ण इतिहास का समावेश है। पत्रिका गेट के हर द्वार के भीतरी भाग में उस क्षेत्र का इतिहास प्रदर्शित किया गया है। हर भाग को संरचनात्मक शैली में उस स्थान के महाराजों, झरोखों, स्तंभों आदि से प्रदर्शित किया गया है।

रियासतकालीन गेट-१-गोड्वाड़, गेट-२-अजमेर, गेट-३-मारवाड़, गेट-४-शेखावटी, गेट-५-दूधड धुन्दाद, गेट-६-ब्रज, गेट-७-मेवाड़, गेट-८-वागड़, गेट-९-हड़ौती

जयपुर की समृद्ध विरासत में यह गेट एक नायाब हीरे की तरह जड़ा है।  
इसे राजस्थानी संस्कृति को आत्मसात करते हुए तैयार करना बेहतरीन कला की मिसाल है।  
यह गेट जयपुर के लिए वाकई एक उपहार है, इसमें परम्परा की झलक नजर अति है और  
राजस्थान की संस्कृति से समूचे विष को अवगत करने का स्तुत्य प्रयास है।  
श्री अनूप बरतरिया जो प्रख्यात आर्किटेक्ट हैं, उन्होंने सोचा, ऐसे में एक ही जगह पूरे  
राजस्थान की कला-संस्कृति की झलक देखने को मिल जाए तो क्या कहने। पत्रिका गेट इसी  
सपनेको पूर्ण करता है।  
पत्रिका गेट पुरे प्रदेश को एक माला में पिरोया। राजस्थान का स्थापत्य पूरी दुनियामे  
विख्यात है।  
जयपुर की बसाहट रंग भी राजस्थान के हर क्षेत्र के अनुसार अलग है ।  
जयपुर के पारंपरिक रंग कुसमाल पिकमें गुलाबी के साथ सफ़ेद रंग व नील में फुल पत्तीयां  
होते हैं। गेट पर गुलाबी संग गोल्डन व सफ़ेद से इस रंग की राजसी आभा भी खिल गई ।  
।

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Working experience : Celebrity makeup, bridal makeup, fashion make-up, party makeup. Takes classes for self grooming and certified diploma course in makeover.



## कहाणी-चिंचणीची भाग - ३

प्रसाद भट्ट



खाडी ओलांडून पलीकडे आलं की चिंचणी गाव सुरू होतं. पहिलं दुकान लागत असे ते एका बोहर्याचं. तो काटेगोखरू, कंकोळ, शिकेकाई, अश्या वस्तू-जडी-बुटी विकायचा. मागेच मुसलमान मोहल्ला. रस्ता समुद्राला समांतर उजवीकडे वळला, की उजवीकडे मोहल्याची गल्ली तर डावीकडे बारी वाडा आणि मांगेल आळी. बारी लोक अर्धवट गुजराती-मराठी अशी मिश्र भाषा बोलतात. मूळ व्यवसाय मासेमारीचा. हा खाडी नाका. याच नाक्यावर एक हार्डवेअरचे दुकान होते. त्याला 'डोकरीचे' (म्हातारीचं) दुकान म्हणत.

या बारीवाड्याकडे जाणाऱ्या गल्लीच्या डावीकडे खाडीचा विस्तार आणि उजवीकडे एक गुजराती शाळा नंबर ६ बहुधा. मुलांची. मुलींची वेगळी होती. स्लॅब पद्धतीची, लाल कोबा असलेली, मोठ्या खोल्या, मागे व्यवस्थित मुतारी व शौचालय असलेली. साठे आडनावाच्या डॉ.चं तिथे रुग्णालय होतं, त्यांनी नंतर ही इमारत देणगीदाखल दिली असं आठवतंय.

मांगेल आळी म्हणजे मासेमारी करणारी जमात. मच्छीमार. त्यांची भाषा वेगळी. पण मराठीला जवळची. पुढे डावीकडे लगेच मशीद. मग गुजराती समाजाची चार-सहा घरां. लगेच उजवीकडे कुंभारआळी. या आळीच्या कोपऱ्यावर 'काटे-पिन' वाल्याचं दुकान. काटे, पिना, कंगवे, फण्या, सुया, दाभण, बांगड्या, भोवरे, काचेच्या गोट्या, पांढऱ्या दगडी गारगोट्या, क्रिकेट खेळायचे नवरंगी चेंडू (लहान आणि मोठा असे दोन आकार), पतंग, मांजा, असं काहीकाही मिळत असे.

कुंभारआळीत चाकावर मडकी घडवत, थापून आकार देत, वाळवत, मग भट्टीत भाजणार आणि विकायला ठेवणार. छोट्याची खेळण्यातली गाडगी मडकी, चूल, जाती वगैरे पण बनवायचे. हे कुंभारही गुजराती मिश्रित भाषा बोलायचे. मुसलमानसुद्धा गुजरातीसदृश भाषा बोलायचे.

# कृष्ण'..... (हेमलता फडणवीस)

दक्षा लालसोदागर

FT 11 B-06

कृष्ण'..... एक मिथक मृगजळासम आभास  
निळ्या, हिरव्या, सोनेरी रंगांची एक आरास

‘कृष्ण’..... एक कोपरा मनाचा अगदी हळवासा  
कालिन्दीच्या जळावरील मंद वारा हवासा

‘कृष्ण’..... देवकीच्या गर्भाचा तेजस्वी आविष्कार  
यशोदेच्या मातृप्रेमाचा सहज सुन्दर स्वीकार

‘कृष्ण’..... हृदयातलं गजबजलेलं गोकुळ  
गवळणींच्या दह्या-दुधातील मृदुलमाया व्याकूळ

‘कृष्ण’..... राधेच्या मनातलं मोरपीस अलवार  
मीरेच्या हाकेतील नितान्त दुःख हळुवार

‘कृष्ण’..... द्रौपदीचा एक सहचर अव्यक्त  
सूडप्रवासातील जिवलग सखा तरीही अनासक्त

‘कृष्ण’..... एक सावळं रूप मनात लपवलेलं  
विराट रूप दर्शन जगाला न कळलेलं

‘कृष्ण’..... जीवनाच्या सुती रेशमी धाग्याचं महावस्त्र  
जीवनाची कवचकुण्डलं जणू दुधारी शस्त्र

‘कृष्ण’..... भाव-भक्तीची हृदयस्थ मूर्ती  
निर्मोही कर्मयोगी असा सखा-सोबती



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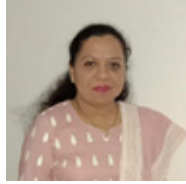
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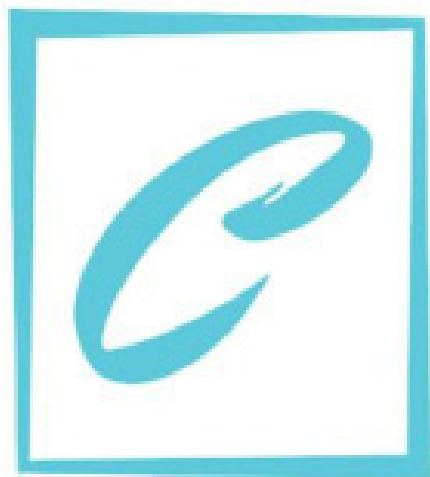
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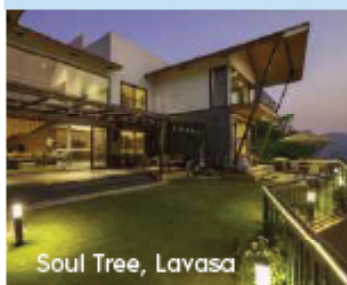
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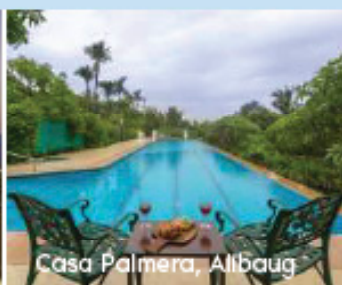
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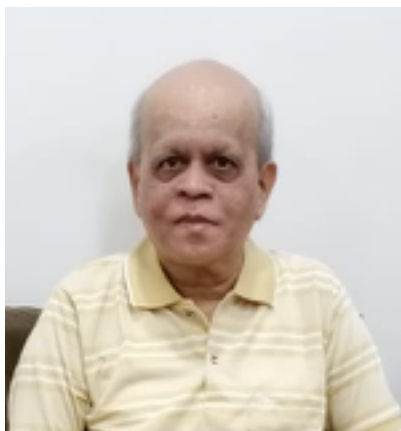


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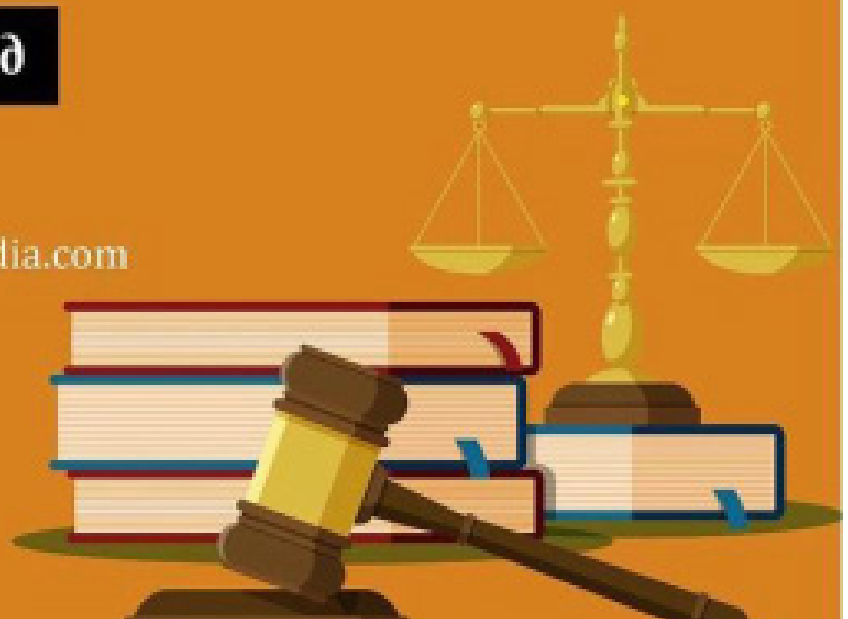
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